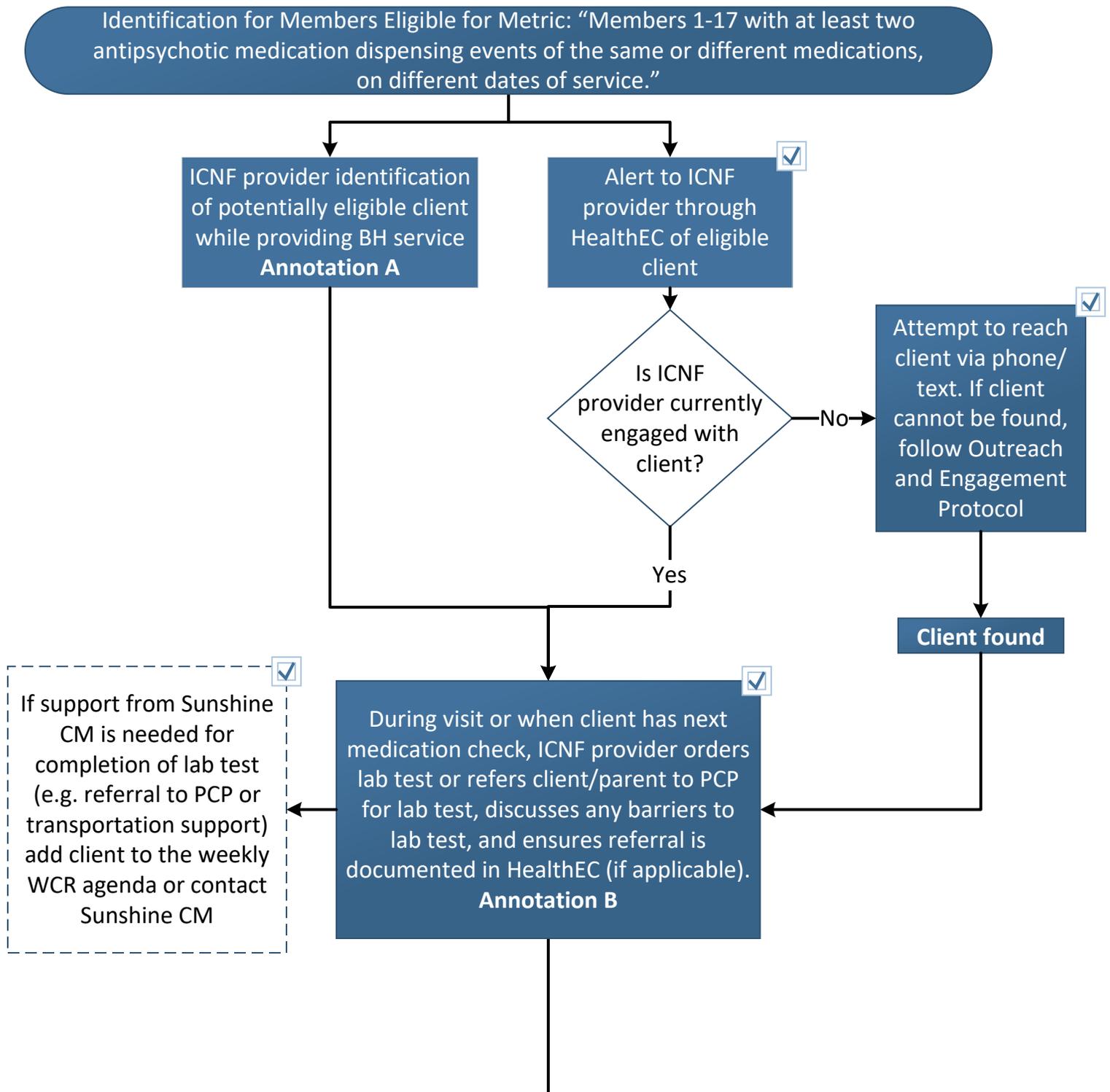


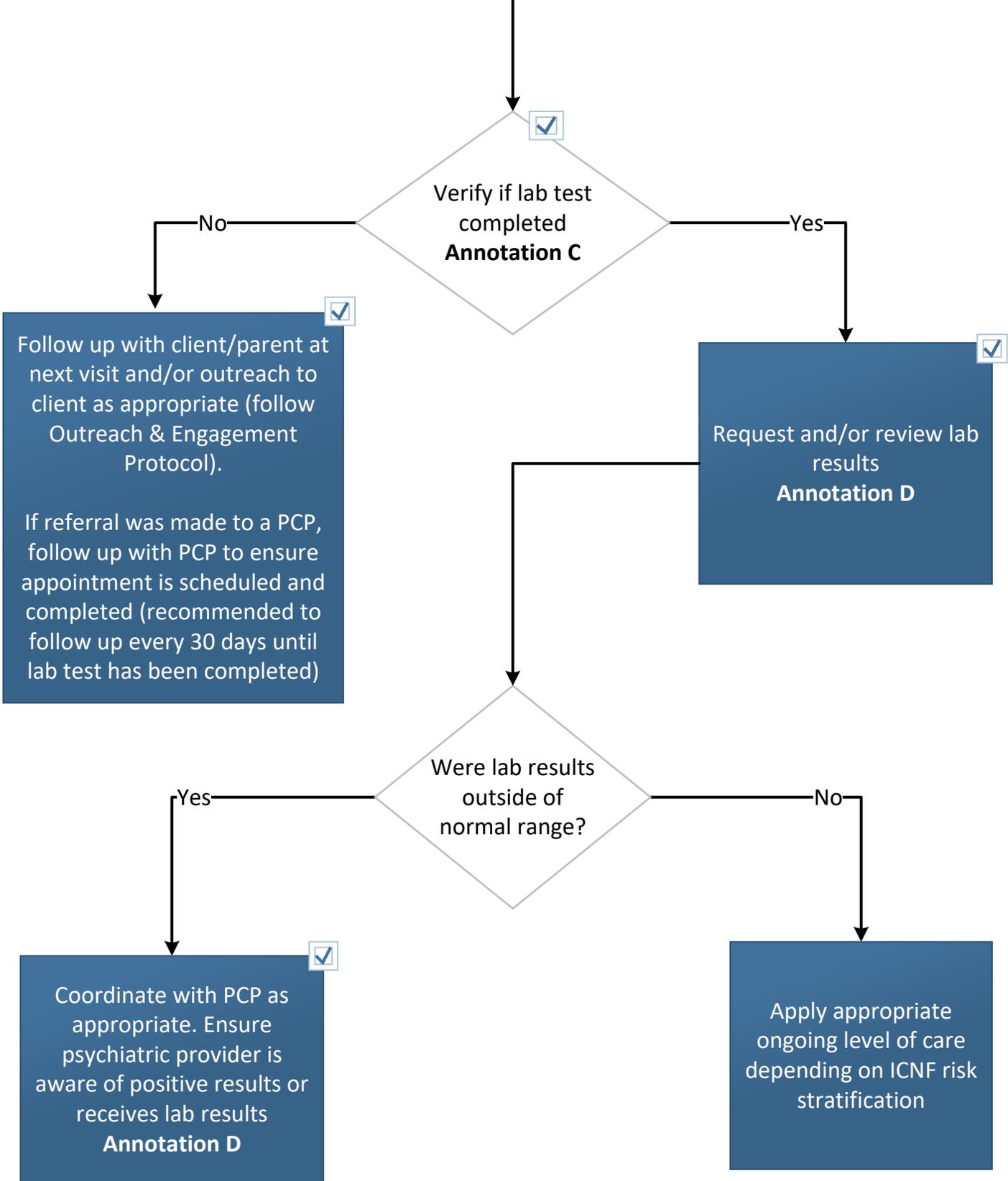
Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM) Workflow

This metric assesses the percentage of children and adolescents 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing. Three rates are measured: those receiving blood glucose testing; those who received cholesterol testing, and those who received both blood glucose and cholesterol testing. See ICNF provider manual and HealthEC for metric specifications regarding ICNF metric set.

Note: Unless ICNF provider organization specifically requests support in completing the lab test, Sunshine Care Manager will not be pursuing metabolic testing with attributed members eligible for this metric.

Denotes use of HealthEC





Workflow Annotations

Annotation A – ICNF provider identification of potentially eligible client while providing BH services

Based on claims it may not be clear if a client, new to Medicaid or newly assigned to an ICNF provider, is eligible for this metric. Therefore ICNF providers should not solely rely on HealthEC alerts to determine if lab testing is needed. During normal course of providing services, an ICNF provider may identify a client that requires metabolic tests based on the presence of two or more antipsychotic medications being prescribed and a lack of metabolic testing (i.e. meets metric eligibility).

Annotation B – Required Tests and Addressing Client/Parent Barriers to Lab Tests

Metabolic tests: NCQA requires a Blood Glucose and a LDL-C or Cholesterol test. (See AHCA and ICNF Quality Metrics for measure type, metric description, metric specifications and populations included in the denominator, method of accountability & description of performance measure.)

Referral to PCP: ICNF providers have a wide variety of methods for referring clients to their PCP for lab tests, whether that process is electronic, paper-based, or some other communication model. It is important that ICNF providers follow the guidance outlined in the referral protocol for referral to an out-of-network provider (in this case a PCP) and then document that activity in HealthEC.

Verifying and addressing client barriers to lab tests:

It is important for the ICNF provider to assess for and address any barriers that may be in place for a client or parent in acquiring the necessary lab tests. ICNF providers should:

- 1) Assess client's/parent's ability to get to the lab for testing and if needed, secure transportation assistance (contact Sunshine CM for transportation support if needed). Address social determinant issues when possible and confer with client's PCP and/or Sunshine Care Manager as appropriate to address any barriers.
- 2) For clients/parents hesitating to get required lab tests done:
 - Acknowledge they have a right to choose not to get the lab test done
 - Ask about why they are choosing not to get the test done
 - Try to solicit reasons or values that can be used to engage them in a discussion about barriers or other possible solutions.
 - Tie discussion back to their recovery goals and utilize motivational interviewing skills
 - Discuss the importance of metabolic monitoring and review why choosing not to get the lab tests completed can have significant short and long term impacts on health and well-being.

Update prescriber or PCP regarding client/parent concerns and consider alternative medications that will have less potential impact related to adverse lab results, if any. Provide the client/parent with information on the nature and management of the illness, and emphasize the importance of metabolic monitoring for children/adolescents receiving antipsychotic medication.

Annotation C – Verification of Lab Test Completion

Determining if the lab test was completed can be accomplished in a variety of ways:

- 1) Through claims data in HealthEC
- 2) In ICNF provider EHR, if linked to lab test provider platform
- 3) Confirming with client's PCP (if a referral has been made to a PCP, it is recommended to follow up with the PCP within 30 days of referral to verify if lab test was completed)
- 4) Asking the client/parent at next encounter (e.g. next scheduled visit) (note: if client says yes, this should be verified using one of the other methods listed above)

Annotation D – Request, Review, and Interpretation of Lab Results

Lab test results could be obtained a variety of ways, including:

- Direct receipt of results from entity that performed lab test – fax, secure email, letter, etc.
- Hand delivery of lab test result form from client to ICNF Provider (verbal communication need to be followed up with actual results or communication with PCP)
- Presence of lab test results via ICNF Provider EHR, if linked to lab test provider platform
- Presence of lab test results via HealthEC, if linked to lab test provider platform, or from Sunshine if applicable
- Other communication routes not noted above

Only appropriately licensed clinical staff should review and act upon the results of lab tests (e.g. prescriber or nurse). While most lab test centers send reports with both results and the interpretation of results, it is the responsibility of the treating provider to act upon those results as appropriate. If lab results are abnormal, the ICNF provider should determine if changes to antipsychotic medication are appropriate and coordinate with the client's PCP as needed.